

Karma- Is simply, what we send out comes back. It's not a punishment or reward.

There is another term for Karma that Buddhists sometimes use, 'cause and effect'. It is such a pragmatic term, and in it's essence, essentially grounded. It takes away the far flung fancies that cocktail party karma talk can inspire, how many souls really where Cleopatra? Mark Antony? I'd hazard a guess just those two, which leaves the rest of us NOT Mary Magdalene, NOT Alexander the Great, NOT Charlemagne.

So who where we? Who are we?

When we meet someone special, who jigs our reminiscences and tugs at our foggy far memory, it can be a slippery slope into a whole world of illusion.

The connection isn't an illusion. No, it has it's own substance and purpose, but watch how the mind can begin a fantastical projection, the best story that never ever happened. Watch that closely. Somewhere in that dreamy state clues can be had, but the further we allow ourselves to drift, the harder it can be to pull ourselves back into that ever present here and now.

Cause and effect...The karma that you share will reveal itself, in it's own time, with it's own unique narrative, through the process of the shared experiences as THIS life unfolds. The clues to your past are in what blooms between you NOW.

Those heightened feelings, those tensions that can be sensed in the back of your mind or the pit of your stomach. The seemingly random encounters and scenarios that transpire on a day to day basis that can be easily overlooked, these clues can be so mundane as to appear invisible, but it's these simple keys which can unlock understandings.

And the future? We are planting those seeds in the now. The cause that will affect us in future times..the next 15 minutes, 2 weeks, 10 years..into the next life. We cannot control how and when they ripen, all we can try to manage is how we deal with the seeds from past actions that are ripening now.

If it is a difficult shared Karma, then the pain of purification will sweep us up in it's turmoil and cleansing, if it is benign, perhaps it manifests as an ease in circumstance and communication and the pull to become entangled in one another's orbit will dissipate quickly. If there are intimations of a task between you, listen closely to the signs and synchronicities that emerge, they will unfold regardless, in spite of any illusory grasping and any manipulative Machiavellian masterwork that you can connive. Deliberate closely. Observe what actually IS. Watch. Allow whatever curious story that there is to evolve, all the whilst being mindful of the future story that you are writing each moment.

It's a long journey of lifetimes...set a steady, steadfast pace. Faith, love, hope, beauty...always our friends.

Blessings,

~ Ariel Korobacz